



**Special
Olympics**
Montana



HEALTHY COMMUNITIES HEALTH BITES

March 2024

MEDICAID MATTERS FOR PEOPLE WITH INTELLECTUAL & DEVELOPMENTAL DISABILITIES

An Overview



TUESDAY
26 March 2024



TIME
5:00-6:30 pm ET



SCHEDULE
60-min webinar
30-min Q&A



PRESENTERS
National Health
Law Program

Medicaid is the largest source of health coverage in the US, covering 1 in 3 people with disabilities. But Medicaid is much more than that.

Come learn what makes Medicaid special, how Medicaid helps people with IDD live and work in the community, and the services and supports Medicaid can provide for you and your family.

REGISTER



QUESTIONS?

inclusivehealth@specialolympics.org

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Special Olympics Montana

STRIDE Challenge

2024 Stride Challenge Complete!



KUDOS TO ALL THE
35 PARTICIPANTS
WHO KEPT MOVING
THROUGH ALL THE
COLD TEMPS!



2024 participant list:

BoAmber Hudson
Anna Vanderwende
Betsy Robel
Bill Christophersen
Charlie Jones
Christine Emery
Daniel Boos
David Jackson (DJ)
Heather Arnaud
Jared Redeen

Jon Hargett
Kandi Christophersen
Kathy Pilczuk
Kevin Shaver
Kyle Norman
Lisa Ondris
Megan Bell
Michelle Hardy
Nick Rogina
Rae Smith

Sam Arnaud
Sandy Williams
Sara Schuster
Shirley Malby
Shirley Malby
Stephanie Pyles
Tami Young
Terri Norman
Tom Moody
Will Moody

NEW ZUMBA GOLD CLASS! REGISTER TODAY!



REGISTER NOW



**JOIN
Shelly
Coster
for this
Spring's
ZUMBA
GOLD
ONLINE
class**

When: Wednesdays 3-3:30pm

How long: 8 weeks!!!

**Who: All Special Olympics
Montana athletes!**

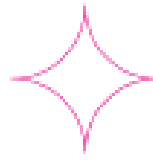
**It's called Zumba Gold because it has both
standing and sitting options.**

sign up here: <https://go.somt.org/zumbagold24>

Volunteer Opportunity

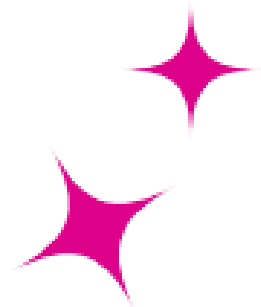


Special Olympics
Montana



WANTED

**MEDICAL PROFESSIONALS AND
STUDENTS TO SUPPORT OUR
HEALTHY ATHLETES EVENT
AT 2024 STATE SUMMER GAMES**



HEALTH SCREENINGS OFFERED:



SPECIAL SMILES (DENTAL)



FIT FEET (PODIATRY)



FUN FITNESS (PHYSICAL THERAPY)



**AT ROCKY MTN COLLEGE
BILLINGS, MT**

TO VOLUNTEER, CONTACT
MALLORY FRANK AT
MFRANK@SOMT.ORG OR CALL
406-315-4230



FREE T-SHIRT AND MEAL ON US!