



Athletics Schedule of Events

Do not crowd the Marshal area (order of events will be 8-15, 16-21, 22+)

Competition Time	Begin Staging Time (First Call)	Event
10:15	9:30 - Turf	Female Turbo Jav 2 Flights
10:15	9:30 - Grass	Male Jumps 5 Flights
11:30	11:00 - Grass	Female Jumps 3 Flights
11:30	11:00 - Turf	Male Turbo Jav 3 Flights
1:00	12:30 - Turf	Female Softball Throw 3 Flights
1:00	12:30 - Grass	Male Shot Put 3 Flights
1:45	1:15 - Grass	Female Shot Put 1 Flight
1:45	1:15 - Turf	Male Softball Throw 5 Flights

Lockwood Highschool - Wednesday May 13th



Athletics Order of Events

Track A (Bleachers)	Heats	Track B (Backside)	Heats
800m Walk	2		
4x100 Traditional	6	400m Wheelchair	1
25m Run	3	100m Wheelchair	1
100m Walk	15	25m Assisted Walk	7
200m Run	17	10m Assisted Walk	4
50m Walk	15	10m Coach Assisted Walk	2
400m Run	10	25m Wheelchair	0
1500m Run	2	10m Wheelchair	1
4x100 Unified	7	50m Motorized Slalom	2
25m Walk	3	30m Motorized Slalom	3
100m 22+	27	25m Motorized Obstacle	1
200m Walk	6	25m Walk	0
50m Run 8-21	8	100m 8-21	28
400m Walk	7	50m Run 22+	10
800m Run	2		

Lockwood Highschool - Friday May 15th



Athletics Schedule of Events

*Estimated times - listen for announcements

Track A (Bleachers)	Heats	Track B (Backside)	Heats
800m Walk	8:00		
4x100 Traditional	8:30	400m Wheelchair	9:00 on "A"
25m Run	9:15	100m Wheelchair	9:15
100m Walk	9:25	25m Assisted Walk	9:20
200m Run	9:55	10m Assisted Walk	9:30
50m Walk	10:45	10m Coach Assisted Walk	9:45
400m Run	11:15	25m Wheelchair	9:55
4x100 Unified	11:45	10m Wheelchair	10:05
1500 Run	12:30	50m Motorized Slalom	10:15
25m Walk 8-21	12:55	30m Motorized Slalom	10:25
100m Run 22+	1:05	25m Motorized Obstacle	10:35
200m Walk	2:30	25m Walk 22+	12:55
50m Run 8-21	2:45	100m Run 8-21	1:05
400m Walk	3:30	50m Run 22+	2:45
800m Run	4:00		

Lockwood Highschool - Friday May 15th